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FINA Member Federations

Lausanne, 27 October 2022

2023 List of Prohibited Substances and Methods

Dear Colleagues,

The World Anti-Doping Agency (WADA) has just published the 2023 List of Prohibited Substances and Methods ("The 2023 List"). Updated annually, the 2023 List designates what substances and methods are prohibited both in- and out-of-competition under the World Anti-Doping Code and the FINA Doping Control Rules. The List comes into force on 1st January 2023 and can be consulted [here](#). A summary of the main modifications for 2023 is also available [here](#).

Of particular note, WADA also decided to prohibit the narcotic tramadol in competition, effective 1 January 2024. The delay in implementation is to provide an additional year for broad communication and education of athletes, their entourage and medical personnel.

We kindly ask you to share the 2023 List and its related documents with all your stakeholders, in particular with athletes, their entourage and medical personnel.

Thank you for your kind cooperation to ensure we keep Aquatics clean and we remain at your disposal for any questions.

Sincerely yours,

Justin Lessard
FINA Legal Counsel and Integrity Manager