

### ESA Swimming Calendar 2022/2023 Season

\* THIS CALENDAR IS SUBJECT TO CHANGE, TO BE UPDATED AFTER RELEASE OF SSA LEVEL/NATIONALS DATES

July-22	August-22	September-22	October-22	November-22	December-22	January-23	February-23	March-23	April-23
1	1	COMMONWEALTH GAMES	1	FINA JNR WORLD CHAMPS	1				
2	2	COMMONWEALTH GAMES	2	FINA JNR WORLD CHAMPS	2				
3	3	COMMONWEALTH GAMES	3	FINA JNR WORLD CHAMPS	3				
4	4	COMMONWEALTH GAMES	4	FINA JNR WORLD CHAMPS	4				
5	5	COMMONWEALTH GAMES	5		5	ESA ANTI DOPING WORKSHOP	5	REGION V GAMES	5
6	6	COMMONWEALTH GAMES	6		6		6	REGION V GAMES	6
7	7	COMMONWEALTH GAMES	7		7		7	REGION V GAMES	7
8	8	COMMONWEALTH GAMES	8		8	SUB REG MOZ GALA	8	REGION V GAMES	8
9	9		9		9	SUB REG MOZ GALA	9	REGION V GAMES	9
10	10		10		10		10	REGION V GAMES	10
11	11	SA NAT SC	11		11		11	REGION V GAMES	11
12	12	SA NAT SC	12		12	ESA AG 2	12	REGION V GAMES	12
13	13	SA NAT SC	13		13		13	FINA SC WORLD CHAMPS	13
14	14	SA NAT SC	14		14	FINA L2 COACHES COURSE	14	FINA SC WORLD CHAMPS	14
15	15		15		15	FINA L2 COACHES COURSE	15	FINA SC WORLD CHAMPS	15
16	16	ESA RETREAT	16	FINA JNR WORLD OWS	16	FINA L2 COACHES COURSE	16	FINA SC WORLD CHAMPS	16
17	17	ESA RETREAT	17	FINA JNR WORLD OWS	17	FINA L2 COACHES COURSE	17	FINA SC WORLD CHAMPS	17
18	18		18	FINA JNR WORLD OWS	18	FINA L2 COACHES COURSE	18	FINA SC WORLD CHAMPS	18
19	19		19		19		19	ESA AG5	19
20	20	CANA AFRICA CHAMPS	20		20		20	ESA AG5	20
21	21	CANA AFRICA CHAMPS	21		21		21	ESA AG5	21
22	22	MP WINTER CHAMPS	22	CANA AFRICA CHAMPS	22	ESA COACHES FORUM	22	ESA NATIONALS	22
23	23	MP WINTER CHAMPS	23	CANA AFRICA CHAMPS	23		23		23
24	24	MP WINTER CHAMPS	24	CANA AFRICA CHAMPS	24	ESA AGM	24		24
25	25		25	CANA AFRICA CHAMPS	25		25		25
26	26		26		26	ESA AG3	26		26
27	27		27		27	ESA AG 3	27		27
28	28	COMMONWEALTH GAMES	28		28		28	ESA NATIONALS	28
29	29	COMMONWEALTH GAMES	29		29	ESA AG1	29		29
30	30	COMMONWEALTH GAMES	30	FINA JNR WORLD CHAMPS	30				30
31	31	COMMONWEALTH GAMES	31	FINA JNR WORLD CHAMPS	31				31

TBC

April23 - CANA ZONE IV

October22 - ZONE IV Virtual

Mar23/Apr23 -SA Level C0mpetitons

Nov-Dec22 - Possible Coaches Education/Course